



# GROSSMONT COLLEGE

## PLAN C: CSU – California State University General Education Breadth Requirements

### 2024-2025

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

Major &amp; Transfer University: \_\_\_\_\_

Counselor &amp; Appointment Date: \_\_\_\_\_

Area A: English Language Communication and Critical Thinking			
@ - Select ONE course in Area A1, A2, and A3 with a grade of "C-" or better in each course. 3 courses; minimum 9 semester or 12 quarter units required.			
<b>A1 ORAL COMMUNICATION</b> Communication 120, 122, 130  **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
<b>A2 WRITTEN COMMUNICATION</b> English 120; English as a Second Language 122  **Other Regionally Accredited College Course: _____ AP _____	Completed	In Progress	Need
<b>A3 CRITICAL THINKING</b> Communication 137, 145; English 124, Philosophy 125, 130; Science 110  **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
Area B: The Physical Universe and Its Life Forms			
Select ONE course from Area B1 and Area B2, one of these courses MUST have a corresponding lab (non-lab courses are underlined, refer to B3 for options). Complete ONE MATH course from Area B4 with a grade of "C-" or better. 3 courses plus a lab; minimum 9 semester or 12 quarter units required.			
<b>B1 PHYSICAL SCIENCE</b>  Astronomy <u>110, 120</u> ; Chemistry 102, <u>110</u> , 113, 115, 116, 120, 141, 142, 231, <u>232, 241, 242</u> ; Geography <u>120, 140</u> ; Geology <u>104, 110, 121, 210, 220</u> ; Oceanography <u>112</u> ; Physical Science <u>100, 110</u> ; Physics 110, 130, 131, 201, 202, 203; Science <u>110</u>  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
<b>B2 LIFE SCIENCE</b> Anthropology <u>130</u> ; Biology 105, 110, <u>112, 114, 118</u> , 120, 140, <u>141, 144</u> , 145, 152, 230, 240; Chemistry 117  **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
<b>B3 LABORATORY ACTIVITIES – Only if not included in B1 or B2 course.</b> Anthropology 131; Astronomy 112 (Lab for ASTR 110 and 120); Biology 141L; Chemistry 241L, 242L; Geography 121 (Lab for GEOG 120 and GEOL 104); Geology 111; Oceanography 113; Physical Science 111  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
<b>B4 MATHEMATICS and QUANTITATIVE REASONING</b> Mathematics 120, 125, 126, 160, 170, 175, 176, 178, 180, 245, 280, 281, 284, 285; Computer Science 240; Physical Science 120; Statistics: Anthropology 215; Biology 215; Economics 215; Math 160; Psychology 215; Sociology 215  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
Area C: Arts and Humanities			
Select ONE course from Area C1 and Area C2. Select a THIRD course from either area. 3 courses; minimum 9 semester or 12 quarter units required.			
<b>C1 ARTS</b>  Art 100, 120, 126, 130, 140, 141, 142, 143, 145, 146, 147; Dance 110, 120; Ethnic Studies 126, 134; Humanities 110, 120; Media Communications 111; Music 110, 111, 115, 116, 117, 123; Photography 154; Religious Studies 140; Theater Arts 101, 110, 143, 144, 205  **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
<b>C2 HUMANITIES</b>  Arabic 120, 121, 122, 123, 148, 220, 221, 250, 251; American Sign Language 120, 121, 140, 220, 221; Chinese 120, 121, 220, 221, 250, 251; Communication 136, 144; English 122, 201, 203, 215, 217, 218, 219, 221, 222, 225, 226, 227, 228, 231, 232, 236, 237, 238, 239, 271; English as a Second Language 115; Ethnic Studies 135, 143, 144, 236, 237, 238, 239; French 120, 121, 152, 220, 221, 250, 251; German 120, 121, 220, 221, 250, 251; History 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; Humanities 110, 120, 125, 130, 135, 140, 160, 170; Italian 120, 121, 220, 221, 250, 251; Japanese 120, 121, 149, 220, 221, 250, 251; Philosophy 110, 111, 115, 117, 120, 140, 141, 145, 150, 155, 160; Religious Studies 110, 120, 130, 140, 150, 165, 170; Russian 120, 121, 220, 221, 250, 251; Spanish 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; Theater 143, 144  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
ADDITIONAL COURSE FROM C1 OR C2: _____  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need

**Area D: Social Sciences**

Complete TWO courses from Area D.

2 courses; minimum 6 semester or 9 quarter units required.

\*CSU American Institutions courses are **bolded and underlined**.

D SOCIAL SCIENCES	Completed	In Progress	Need
<p><b>Administration of Justice</b> 110; <b>Anthropology</b> 120, 122, 127, 140; <b>Child Development</b> 115, 125, 131, 145; <b>Communication</b> 124, 128, 144; <b>Economics</b> 110, 120, 121, 125, 130, 135, 261; <b>Ethnic Studies</b> 107,114, 115, <b>118, 119</b>, 125, 127, 128,<b>130, 131</b>, 135, 137, 138, 143, 144, 145, 150, 160, 161, <b>180, 181</b>; <b>Family Studies</b> 115, 120; <b>French</b> 152; <b>Gender Studies</b> 116, 117, 154, 155; <b>Geography</b> 100, 101, 106, 130, 170; <b>History</b> 100, 101, 103, 105, 106, 107, <b>108, 109</b>, 113, <b>114, 115, 118, 119, 122, 123, 124</b>, 126, <b>130, 131</b>, 136, 137, 148, 154, 155, 160, 161, <b>180, 181</b>; <b>Media Communications</b> 110; <b>Political Science</b> 120, <b>121</b>, 124, 130, <b>140</b>, 145, 147, 148, 150, 155, 160; <b>Psychology</b> 120, 125, 134, 138, 140, 150, 170, 211, 220; <b>Religious Studies</b> <b>175</b>; <b>Sociology</b> 114, 120, 125, 130, 138, 140, 150; <b>Spanish</b> 145</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____</p>			

<p><b>ADDITIONAL COURSE FROM AREA D:</b> _____</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____</p>			
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**Area E: Lifelong Understanding and Self-Development**

Select ONE course from Area E.

3 semester or 4 quarter units required.

E LIFELONG LEARNING AND SELF-DEVELOPMENT	Completed	In Progress	Need
<p><b>Business</b> 195; <b>Child Development</b> 125, 145; <b>Counseling</b> 120; <b>English</b> 219; <b>Ethnic Studies</b> 127; <b>Family Studies</b> 110, 120, 129; <b>Health Education</b> 120, 201; <b>Health Sciences</b> 110; <b>Nutrition</b> 155, 158, 159, 255; <b>Psychology</b> 132, 134, 140, 150, 180, 220; <b>Sociology</b> 125</p> <p>This area can be certified with a DD214 or military transcript. Please submit to Admissions &amp; Records.</p> <p><b>**Other Regionally Accredited College Course:</b> _____</p>			

**Area F: Ethnic Studies**

Select ONE course from Area F.

3 semester or 4 quarter units required.

F ETHNIC STUDIES	Completed	In Progress	Need
<p><b>English</b> 236; <b>Ethnic Studies</b> 107, 114, 236; <b>History</b> 107; <b>Sociology</b> 114</p> <p>Due to the limited number of approved courses students can Area F approved courses at Cuyamaca College or other CCCs. See a counselor for more information.</p> <p><b>**Other Regionally Accredited College Course:</b> _____</p>			

**U.S. History, Constitution and American Ideals – (CSU Graduation Requirement)**

All California State Universities have a graduation requirement in U.S. History, Constitution, and American Ideals. Although this is not a transfer requirement, it is recommended students take it prior to transfer to a CSU. Courses used to meet this requirement may also be used to meet required units in Area D. Courses are found in Area D in **bold and underlined**.

Option 1: Choose ONE course from List A and ONE from List B	Completed	In Progress	Need
<p><b>List A:</b> <b>Ethnic Studies</b> 107,118, 130, 180; <b>History</b> 107,108, 114, 118, 122, 130, 180</p> <p><b>List B:</b> <b>Ethnic Studies</b> 119, 131; <b>History</b> 109, 119, 123, 124, 131; <b>Political Science</b> 121, 140</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			
<p><b>Option 2: Choose ONE course from List A and ONE from List B</b></p> <p><b>List A:</b> <b>Political Science</b> 121; <b>Religious Studies</b> 175</p> <p><b>List B:</b> <b>Ethnic Studies</b> 107, 118, 119, 130, 181; <b>History</b> 107, 109, 118, 119, 130, 181</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			
<p><b>Option 3: Choose ONE course from List A</b></p> <p><b>List A:</b> <b>History</b> 115</p> <p><b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____</p>			

**Important Information**

- Courses may be listed in more than one area but will not be certified in more than one area.
- Certification is not a CSU admission requirement. Requirements are subject to change.
- Please work with a counselor to develop an educational plan that includes major preparation.
- **\*\*Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements for CSU GE. Approval of CSU general education placement is done by the Articulation Officer, M. Denise Aceves, via the "Pass Along" review process.**

\*Disclaimer: Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ [www.assist.org](http://www.assist.org). This advising sheet is a Counselor tool to be used with students.

@ Notation in CSU GE Areas A1, A2, A3, and B4 indicates grades of "C-" can be used to meet CSU GE Areas A1, A2, A3, and B4 for CSU admissions. **However, if the CSU Area A1, A2, A3, or B4 course double counts as a general education and major requirement, a "C" grade or higher is recommended for certification and transfer.**