GROSSMONT COLLEGE

COURSE OUTLINE OF RECORD

Curriculum Committee Approval: 11/29/2022

Approved by GCCCD Governing Board: 12/13/2022

OCCUPATIONAL THERAPY ASSISTANT 100 – FUNDAMENTALS OF OCCUPATIONAL THERAPY

1. Course Number Course Title Semester Units

OTA 100 Fundamentals of Occupational Therapy 2

Semester Hours

2 hours lecture (32-36 hours); 64-72 outside-of-class hours; 96-108 total hours

2. Course Prerequisites

Admission to Occupational Therapy Assistant Program.

Corequisite

OTA 101 and 110 and 111

Recommended Preparation

None

3. Catalog Description

The philosophical base, definition and history of occupational therapy are examined. Through an historical approach, frames of reference and models of practice within the profession are reviewed. Occupation as a health determinant is emphasized. The meaning of professionalism is examined. A broad range of practice areas is investigated. Various systems and service models are described. Ethics of the profession and standards of practice are examined and applied to practice situations. Legislation and legal issues affecting the profession are reviewed.

4. Course Objectives

The students will:

1. Articulate and discuss the history, philosophy, theories, models of practice and frames of reference of occupational therapy.
2. Identify occupational therapy practice settings and discuss service delivery, context and management topics unique and similar to each setting.
3. Describe the roles and supervision requirements of the various levels of occupational therapy personnel in different practice settings, systems and service models with a focus on the roles of the occupational therapy assistant.
4. Discuss and identify the documents and organizations that relate to practicing within the profession of occupational therapy.
5. Discuss global, national and local social, health wellness, prevention and welfare issues, needs and trends as well as their impact on occupational therapy practice.
6. Articulate the nature and value of occupation and occupational therapy to broad and specific populations to include the need to promote the profession.
7. Identify the systems and structures that create federal and state legislation and regulation and their impact on the practice of occupational therapy.
8. Examine and articulate the professional responsibilities of the occupational therapy practitioner including lifelong learning, fieldwork education, research, evidence-based practice, and leadership.

5. Instructional Facilities

Standard classroom

6. Special Materials Required of Student

None

7. Course Content

1. The definition, history and philosophical base of occupational therapy.
2. An overview of occupational therapy, the health care delivery system, and occupation as a health determinant.
3. Various practice areas where occupational therapy practice, professionalism, and supervisory issues with the roles of the various levels of practitioners.
4. Standards and ethics of the profession as well as personal ethics required in practice.
5. Certification/licensure requirements including the importance of continued learning.
6. Health legislation, legal responsibilities, and professional liability.
7. The role of the OTA in research to support practice.
8. Promotion and advocacy for the profession.

8. Method of Instruction

1. Lecture
2. Class discussion
3. Multimedia presentations
4. Discussion of written assignments

9. Methods of Evaluating Student Performance

1. Class participation.
2. Midterm and final written exams.
3. Written assignment: Cultural Journey Essay, Professional Organization Research Paper, Ethics Worksheet and Ergonomic Workstation Worksheet.

10. Outside Class Assignments

1. Writing assignments: Cultural Journey Essay, Professional Organization Research Paper, Ethics Worksheet and Ergonomic Workstation Worksheet.
2. Reading assignments from texts: Research National and International OT issues from OT Journals and complete philosophy assignment, timeline assignment and supervision assignment after reading textbook.
3. Video assignments: Watch series of videos for pediatrics, physical rehab and mental health rehab without sound and complete observation analysis.

11. Representative Texts

1. Representative Text(s):
2. Clifford O’Brien, Jane. *Introduction to Occupational Therapy*. 5th ed., St. Louis, Missouri: Elsevier Publishers, 2018.
3. Vicino, Christine. *OTA Student Handbook*. 2022.
4. Supplementary texts and workbooks:

None

Addendum: Student Learning Outcomes

Upon completion of this course, our students will be able to do the following:

1. Articulate and discuss occupational therapy to a wide range of people from client, family members to doctors and public officials.