GROSSMONT COLLEGE

COURSE OUTLINE OF RECORD

Curriculum Committee Approval: 04/26/2022

GCCCD Governing Board Approval: 06/14/2022

FAMILY STUDIES 120 - HUMAN DEVELOPMENT

1. Course Number Course Title Semester Units

FS 120 Human Development 3

Semester Hours: 3 hours lecture: 48-54 hours 96-108 outside-of-class hours 144-162 total hours

2. Course Prerequisites

None

Corequisites

None

Recommended Preparation

None

3. Catalog Description

This course is a study of the dynamic forces influencing the biosocial, social/emotional and cognitive domains of human development throughout the lifespan. Developmental tasks faced at each lifespan stage are examined from different theoretical perspectives. Topics from epigenetic influences to current findings in brain development and end of life care are researched and discussed.

4. Course Objectives

The student will:

1. Analyze the different theoretical perspectives that explore the stages of human development.
2. Examine the implications of culture, social contexts, gender, lifestyle and family dynamics on human development.
3. Analyze the interactions between genes and environments.
4. Identify the diverse challenges at each major stage of the life cycle.
5. Develop objective observational skills for the study of human behavior

5. Instructional Facilities

Standard classroom

6. Special Materials Required of Student

None

7. Course Content

1. Theoretical perspectives that explore the stages of human development.
2. Physical, cognitive, and psychosocial development from prenatal through the end of life with an emphasis on the role of brain development on all three domains.
3. Culture, social contexts, gender, lifestyle and family dynamics on human development.
4. Interactions between genes and environments.
5. Challenges at each major stage of the life cycle.
6. Observational skills for the study of human behavior.

8. Method of Instruction

a. Lecture.

b. Individual instruction.

c. Group discussion

d. Computer (Internet) assignments.

e. Videos and speakers.

9. Methods of Evaluating Student Performance

a. Periodic exams and a final examination (objective and essay).

b. Research papers, observation(s) and written reports on selected topics.

10. Outside Class Assignments

1. Readings. Supplemental resources include current articles, publications etc
2. Written Assignments. Includes application of theory, interviews of across the life span – birth to adulthood. Surveys with various scenarios to learn about people’s point of view then analyze their information.
3. Observations. Utilizing licensed child care settings like the Lab on campus or in the community.
4. Projects. Examine a child’s development. Interviews a person of specific age group from birth through adulthood

11. Representative Texts

a. Representative Text(s):

Berger, Kathleen Stassen. *Invitation to the Lifespan*. New York, NY: Macmillan, 2022.

b. Supplementary texts and workbooks:

None.

Student Learning Outcomes:

Upon completion of this course, our students will be able to do the following:

1. Research and discuss issues such as culture, social contexts, gender, lifestyle and family dynamics and their impact on human development and society.
2. Identify the diverse challenges at each major stage of the life cycle.
3. Objectively observe and analyze human behavior.
4. Assess developmental tasks in the areas of biosocial, social-emotional and cognitive aspects of human development throughout the lifespan