**GROSSMONT COLLEGE**

**Course Outline of Record**

Curriculum Committee Approval: 03/16/2021

GCCCD Governing Board Approval: 05/18/2021

**ETHNIC STUDIES 125 – CROSS-CULTURAL PSYCHOLOGY**

1. **Course Number Course Title Semester Units**

ETHN 125 Cross-Cultural Psychology 3

**Semester Hours**

3 hours lecture 48-54 total hours 96-108 outside-of-class hours 144-162 total hours

2. **Course Prerequisites**

None

**Corequisite**

None

**Recommended Preparation**

None

3. **Catalog Description**

An introduction to theories and research findings regarding cultural influences on human behavior and cognitive processes (life-span development, abnormal behavior and mental health, drug use, self-concept, emotion, gender schemas and gender roles, social behavior, perception, learning, intelligence, and memory). By providing students with a non-judgmental understanding of how culture influence human behavior, this course will make them more equipped to interact in a world where there is increasing contact among different cultures.

4. **Course Objectives**

The student will:

a. Compare and contrast ways of understanding culture.

b. Recognize that cross-culture psychology is an empirical science.

c. Describe the scientific methods used in cross-cultural research.

d. Examine psychological commonalities among cultural groups.

e. Recognize and value psychological differences among cultural groups.

f. Assess the impact of culture on normal and abnormal human behavior.

g. Assess the impact of culture on human cognitive processes (perception, intelligence, memory).

h. Assess the impact of culture on life-span psychological development.

i. Recognize and evaluate ethnocentrism in “mainstream” psychology, as well as within the society at large.

j. Examine his/her own stereotypic beliefs about different ethnic populations.

k. Examine personally relevant racial and ethnic psychological issues.

l. Assess the impact of discrimination and prejudices on the mental health of minority cultural groups.

m. Conceptualize cultural difference as diversity rather than as deficiencies or deviance.

n. Examine the historical experience of various cultural groups within the U.S.

5. **Instructional Facilities**

Standard classroom

6. **Special Materials Required of Student**

None

7. **Course Content**

a. Culture, ethnicity, acculturation, biculturalism, assimilation, and marginalization.

b. Group differences, rather than deficiencies or deviance.

c. Culture and the self.

d. Cultural influences on perception.

e. Cultural influences on cognition.

f. Cultural influences on social, moral, verbal and cognitive development.

g. Cultural influences on emotion.

h. Cultural variations in abnormal behavior.

i. Cultural variations in social behavior.

j. Prejudices, stereotypes, ethnocentrism, and cultural relativism.

k. Cultural variations in gender schemas, gender roles, gender identity, and male-female relationships.

l. Cultural variations in the conceptualization of mental health and illness, and in the utilization of mental health services.

m. Culture and the delivery of mental health services.

n. Cultural differences in attachment and parenting styles.

o. Concepts of race.

p. Models of multiculturalism.

8. **Method of Instruction**

a. Lectures and group discussions.

b. Role plays.

c. Films, multimedia presentations and/or guest speakers.

d. Discussion of library materials.

e. Cooperative learning structured exercises.

9. **Methods of Evaluating Student Performance**

a. One or more exams spaced evenly over the semester.

b. A comprehensive written final exam.

c. Exams will include both objective and essay questions.

d. Written assignments, term paper and/or oral presentations.

10. **Outside Class Assignments**

a. Weekly required readings before class meetings.

b. Written assignments.

c. Library research including web sources.

11. **Representative Texts**

a. Representative Text(s):

1) Matsumoto, D., & Juang, L. *Culture and Psychology* , 6th edition. Belmont, CA: Thomson Wadsworth. 2016

2) Matsumoto, D. and Hyisung C. Hwang. *The Handbook of Culture and Psychology.* New York: Oxford, 2019.

b. Supplementary texts and workbooks:

None

**Addendum: Student Learning Outcomes**

Upon completion of this course, our students will be able to do the following:

* 1. Evaluate and interpret current research findings in the field of psychology, taking into account the influence of culture.
  2. Critique the cultural relevance of psychological assessment instruments.